RECOVERY MOVIE MEETUPS



The **Recovery Movie Meetups** Program is a new and dynamic mutual support meeting format and plug-and-play school curriculum where teens and young adults - either alone, with their peers and family members, or in school classes - can watch great movies about addiction and recovery and then engage in fun, interactive, highly therapeutic discussion afterwards - guided by the **Teen & Young Adult Movie Guide to Successful Sobriety.**

Each Workbook features film summaries on 20 key addiction & recovery-related films, movie trivia, character breakdowns, evaluation of each film's impact and relevance, fascinating thought experiments, and Motivational Interviewing-based questionnaires that participants can fill out during or after the screening to then reflect upon alone, or share and discuss in group meetings with friends, family, or school classes.

This curriculum is a fresh, innovative, clinically-validated (see **Advisory Committee** below) compliment to your existing facility programming or school curriculum and gets your participants energized and engaged in their own avoidance or recovery process.

To learn how **Recovery Movie Meetups** can play a starring role in helping your teen and young adult facility clients or school students recover, please go to:



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Advisory Committee

John F. Kelly, Ph.D., ABPP Elizabeth R. Spallin Professor of Psychiatry in Addiction Medicine Harvard Medical School

> Judith Landau, MD, DPM, LMFT, CAI, CIP, BRI II Co-Founder of the Recovery Institute

A. Tom Horvath, Ph.D, ABPP

President, Practical Recovery Co-Founder and Former President of SMART Recovery USA

Dr. Joe Gerstein, MD, FACP

Harvard Medical School Faculty (Retired) Co-Founder of SMART Recovery USA

Carlo Di Clemente, Ph.D. ABPP

Emeritus Professor of Psychology - University of Maryland Creator of the Transtheoretical Model of Change (TTM)

Dr. Judith Landau, MD, DPM, LMFT, CFLE, CIP, CAI, CRS

Co-Founder of the International Recovery Institute

John De Miranda, Ed.M

Former Executive Director, National Association for Addiction Professionals (NAADAC) President & CEO, Peninsula Health Concepts

Dan Hostetler, M.A., CADC, CODP I

Chief Executive Officer, Above & Beyond Family Recovery Center

Molly Magill, Ph.D. Center for Alcohol & Addiction Studies Brown University

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Testimonials

"I am thrilled with the fun, innovative, and effective Recovery Movie Meet-Ups Program. It immediately increases client engagement, which ultimately improves outcomes, and that is why we do what we do."

> J. Gregory Hobelmann, M.D., M.P.H. Co-CEO, President ASHLEY ADDICTION TREATMENT Ranked #1 Treatment Facility in America

"This workbook and popcorn are all you need to produce an entertaining and educational evening or weekend at your treatment facility..."

Dr. Joe Gerstein, MD, FACP Harvard Medical School Faculty - Co-Founder SMART Recovery

"The Recovery Movie Meet-Ups program has proven to be educational and inspirational. The Workbook guides thought-provoking discussions that are really entertaining and cathartic. It's standing room only."

> Bonnie Kimpling, CADC, CODP, CTP Above & Beyond Family Recovery Center

"Our group discussions after Recovery Movie Meet-Up screenings are lively and engaging. It's heartening to see how movies bring our group together and connect on a deeper level."

> Emil Caron, CRPS-Veteran, CTP Recovery Connections of Central Florida